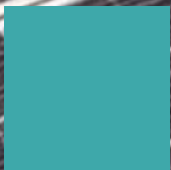
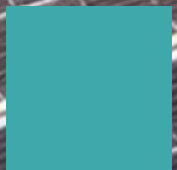
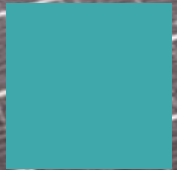
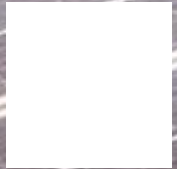




**RECOVER**  
**Empowering  
Sustainability**

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Deep Retrofit of  
North Preston  
Day Care



# The Presenters



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# North Preston Day Care

A community-led deep retrofit in an African Nova Scotian Community



Enhancing energy efficiency through sustainable building upgrades



Community-owned and operated since 1971 as the first African Nova Scotian daycare



Providing welcoming, inclusive care for families across the North Preston Community



# Project Vision & Goals

Balancing community resilience with building performance

## Expanded Childcare Capacity

Increase licensed childcare from 62 to 82 children.

## Energy and Emission Goals

75% reduction in energy use and a 60% reduction in greenhouse gas emissions.

## Resilience and Sustainability

Retrofit modernizes community building supporting well-being of children, families, and staff.

## Operating Costs Reduction

This level of reduction could translate to roughly \$15k-\$30k per year.



# Delivering the Deep Retrofit

## Integrated Retrofit and Addition

Combining deep retrofit with a 4,000 sq ft addition.

## Mechanical and Energy Upgrades

Upgrading from oil heating to electric heat pumps.

## Site and Accessibility Improvements

Paved parking, accessible sidewalks, updated play areas, and stormwater management.

## Community Benefits

Serving as a safe indoor gathering space when weather conditions require.

*Deep retrofit + Addition + Site and accessibility upgrades*



# Community Led, People Centered Delivery

Built with community, guided by trust, delivered with care

Community Ownership Structure

Technical and Fundraising Support

Youth Job Shadowing Program

Capacity Building

# Funding Challenges

In an ANS community: constraints, deadlines, and administrative capacity



Deadline Pressure



Strict  
Documentation  
Rules



Conditional  
Agreements

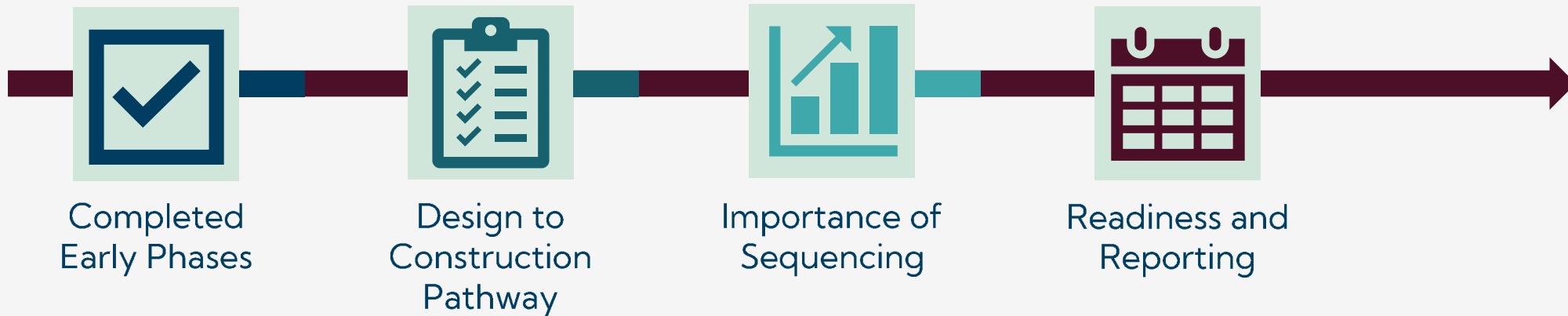


Perception and  
Trust Risks



# Timeline & Readiness

From schematic design to permits and tender documents



Readiness is not a single milestone; it is a deliberate process of alignment





# Lessons Learned

Four key lessons

**1** Effective  
Communication  
System

**2** Grant Tracker and  
Deliverable  
Mapping

**3** Grounded  
Community Engagem  
ent

**4** Capacity  
Building and  
Inclusion

# What is Next?

Technical ambition alone is not enough

## Technical Next Steps

- Finalize construction drawings and develop daycare-friendly construction plans.
- Day Care Friendly Planning
- Plan construction to reduce disruption, ensure safe access, and maintain clear communication.

## Funding and Governance

- Secure approvals, funding, and permits while preparing financing strategies for construction.

## Community Engagement and Readiness

- Gather quotes, align energy models, and document benefits to meet requirements and maintain community trust.

Interested in supporting community-led impact? Let's connect.





# Thank you.

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